

OREGON PSYCHOANALYTIC CENTER TRAINING OUTREACH COMMITTEE

(Revised November 2023)

Purpose

The purpose of the OPI Training Outreach Committee is to recruit applicants for psychoanalytic training at OPI. This includes the following:

- Organizing at least one OPI-specific Open House each year and participating in any OPC-wide Open Houses
- Collaborating with the OPC Board on issues of OPC-wide recruitment
- Contacting and developing relationships with colleagues involved with mental health training programs in Portland (including within OPC) and collaborating with them to share information about training opportunities with OPI
- Outreach to the community to provide education on what psychoanalysis is
- Being available to speak with individuals who have questions about psychoanalysis, training with OPI, and/or whether training with OPI would be a good match vs. other OPC programs
- Organizing free educational opportunities to mental health students in Portland. This could be in the form of a regular case conference, short courses on topics central to psychoanalysis (e.g., transference), or another educational opportunity
- Working with local training programs to coordinate pro-bono supervision for trainees in psychodynamic psychotherapy with OPI faculty
- Working to brainstorm, consider, and carry out recruitment opportunities as they arise

Structure

The Chair of the Training Outreach Committee is appointed by the Chair of the OPI Executive Committee (the Director of OPI) for a three-year term that corresponds to the length of that Directorship. A second three-year term may be served. The terms cannot be consecutive. The Chair of the Training Outreach Committee is an OPI faculty member and a member of the Executive Committee. The Chair is responsible for setting the agenda of the Training Outreach Committee meetings, convening the meetings, and making sure the committee members receive any necessary information for the meetings. The Chair will make sure that approved minutes of the meeting are forwarded to the OPI Executive Director and OPI Director.

Committee members are chosen by the Chair of the OPI Training Outreach Committee, with the advice and counsel of the OPI EC Chair. The size of the Training Outreach Committee will be at the Training Outreach Chair's discretion. Ideally the committee will be comprised of at least one (preferably two) other member(s) in addition to the Chair. However, if faculty resources are limited and the Chair is unable to find other members, the Chair may still function as a committee, with the Executive Committee being available for consultation and collaboration. Committee members will be OPI faculty and/or OPI candidates.

The Training Outreach Committee will meet during the academic year on a monthly basis or as needed to discuss recruitment issues and policies.

Function

The Training Outreach Committee functions to actively reach out to the community of mental health professionals outside of OPI (including other programs within OPC) with the goal of ultimately increasing OPI's pool of applicants. This includes outreach efforts that provide education to other mental health professionals about psychoanalysis.

Open House

The Training Outreach Committee will:

- 1) Organize at least one OPI-specific Open House every year, usually in January
- 2) Participate in any OPC-wide Open Houses for all OPC programs, usually in the fall.

Collaboration with OPC Board

The Chair of OPI Training Outreach will touch base at least three times per year (Fall, Winter, and Spring) with the OPC Board member who is in charge of recruitment or, if no one on the Board has this role, with the OPC Executive Director, in order to discuss recruitment efforts in progress and to communicate about ideas for future collaboration. These conversations may happen as part of larger discussions in the EC, Program Coordinating Committee (PCC), or other committee meetings.

Developing relationships with colleagues in other training programs

The Committee will reach out to mental health training programs from a variety of disciplines (psychiatry, psychology, social work, counseling, nurse practitioners) and identify a contact person with whom to communicate and collaborate, with a particular goal of sharing opportunities to learn about psychoanalysis. These opportunities could include Exploring the Clinical Moment, OPI Open Houses, and OPI student classes.

Community Outreach

The OPI Training Outreach Committee will explore ways to meet with mental health clinicians outside of OPI to provide education about what psychoanalysis is. This could take the form for example of a single presentation or conversation with a group, or this could be more elaborate, for example in the form of a course.

Conversations with potential applicants

The Chair and committee members will be available to answer questions with individuals who are considering training with OPI but have more questions about the program itself, outside of the Admissions process (i.e., questions about Admissions would be directed to the Admissions Committee). Since potential trainees often do not know enough about OPI or the PPP to decide which program they want to apply to, the OPI Training Outreach Committee can work in conjunction with OPC Recruitment to provide information about OPI vs. PPP or other programs. If in the course of these conversations it becomes clear to the OPI Training Outreach member that the potential applicant is not interested in OPI but is clearly interested in another OPC program, then the potential applicant would be directed to the appropriate contact person (i.e., PPP Chair, CE Chair or Chair of another OPC program).

Free Student Education

The Training Outreach Committee will put together free courses on psychoanalysis for mental health trainees in order to expose students to psychoanalytic theory, technique, and practice. This could take the form of a course at another location for a particular group of trainees (e.g., a monthly clinical case

conference at OHSU) or it could be a course at OPC for any mental health student from another program (e.g., a 4 week course on a Saturday morning on a core concept in psychoanalysis such as transference). The Training Outreach Committee will coordinate with the OPC Continuing Education (CE) Committee to clarify the aims of the courses and ensure that these courses do not conflict with or draw students away from CE courses.

Pro-bono Supervision

The Training Outreach Committee will identify and communicate with a contact person in various local mental health training programs to determine if there is a need and interest in pro-bono supervision in psychoanalytic psychotherapy for trainees at that program. The Training Outreach Committee will also reach out to OPI faculty to determine if anyone who is appropriate (as it may depend on the mental health field) is willing and able to provide this, and put the faculty member in touch with the contact person in the program. After these initial contacts are made, the Committee will ensure that contact between OPI and these programs is maintained.

Brainstorming and Collaboration

The OPI Training Outreach Chair will work with the OPI Executive Committee to be aware of possible recruitment opportunities as the Institute evolves and to brainstorm with the Executive Committee about potential recruitment opportunities to pursue.

Diversity

Training outreach and recruitment will be approached broadly with an eye toward enhancing the diversity of OPI's community. This will include diversity of ethnic background, gender, sexuality, and socioeconomic status as well as types of training programs and theoretical orientation of potential applicants.